

Pre-Registration
 Packet Pick up Friday,
 Sept. 23rd, 2011 from
 2pm to 6pm at
 Cedar Ridge School &
 Race Day at 6:30am



All Proceeds Benefit
 students at Cedar Ridge
 Elementary

Cedar Ridge Elementary School
2808 Breezewood Blvd. Bloomington, IL
September 24th, 2011

Race Day Registration: 6:30am
Race Start Time: 8:00am Rain or Shine!
1 Mile Fun Run/Walk begins after 5K

For More Information Call (309)261-4598

Enrollment Guidelines for 5K Race
 All participants in the 5K Walk/Run will be broken down by
 men and women into the following age divisions:

19 & Under	40—49 years
20—29 years	50—59 years
30—39 years	60 & Above

Awards for Top Age Group Finishers
All Children will receive a Ribbon for Participating!

Cedar Ridge 5K Rocket Run and 1 Mile Fun Run/Walk
 (List each participant you are enrolling)

Name: _____ Phone: _____ Email: _____
 Address: _____ City: _____ State: _____ Zip: _____

Participants Name	Gender (circle one)	Birth Date(mm/dd/year)	Shirt Size (circle one)
_____	M or F _____	____/____/____	YS-YM-YL-S-M-L-XL-XXL
_____	M or F _____	____/____/____	YS-YM-YL-S-M-L-XL-XXL
_____	M or F _____	____/____/____	YS-YM-YL-S-M-L-XL-XXL
_____	M or F _____	____/____/____	YS-YM-YL-S-M-L-XL-XXL
_____	M or F _____	____/____/____	YS-YM-YL-S-M-L-XL-XXL

Event: 5K (\$20 - \$18 for LRC Members) _____ 1 Mile Fun Run/Walk (\$10) _____ (Parent(s) must accompany children)
 * Includes t-shirt * Includes t-shirt *Additional t-shirt's for \$7

Lake Run Club member: Y N (circle one) _____ Male _____ Female

Total Amount Enclosed \$ _____ I would like to volunteer _____

For the safety of all participants, PLEASE NO DOGS. NO STROLLERS in 5K Rocket Run. In consideration of the foregoing, I for myself, my executors, administrators, and assignees, do hereby release and discharge the city of Bloomington, County of McLean, Unit 5 School District, Cedar Ridge Elementary School, Cedar Ridge Rockets Boosters and other sponsors and supporters for all claims and damages, demands, actions and whatever in any manner arising out of my participation or my knowledge of risk involved in this event and I am physically fit and trained to participate in this event and abide by the rules of the walk/run.

Signature (parent if under 18) _____ Date: _____

Mail Payment and Form to: Cedar Ridge Elementary School PTO 5K ~ Checks made out to CRES Rocket Boosters
 2808 Breezewood Blvd. Bloomington, IL 61704